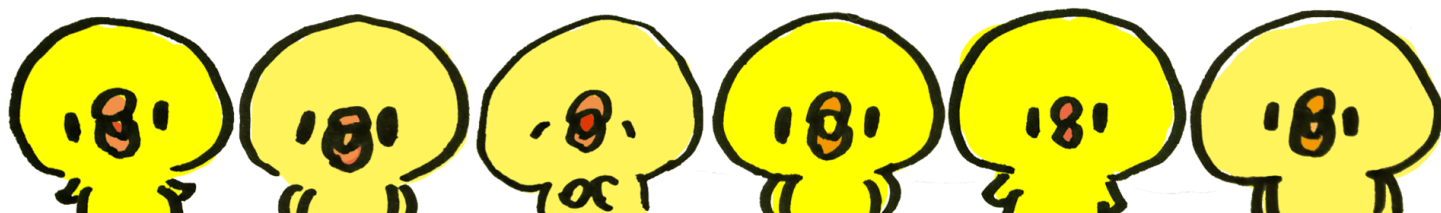


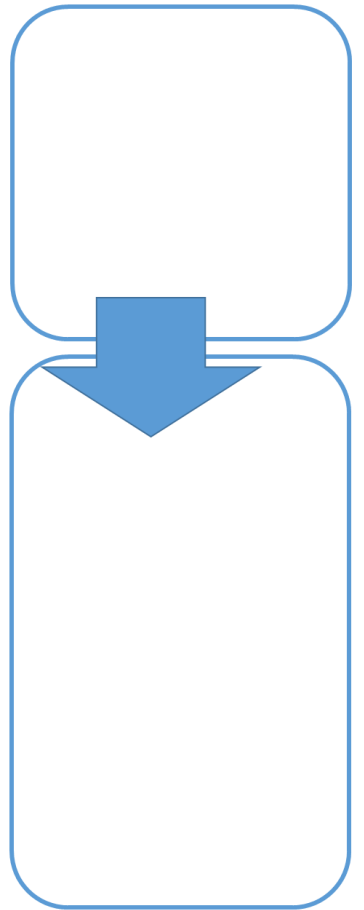
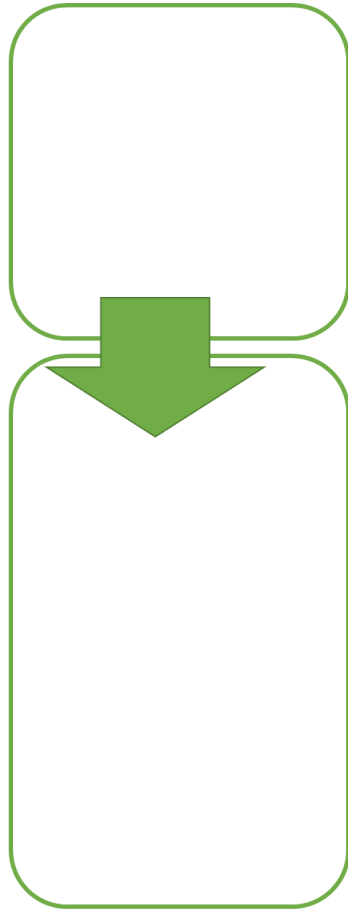
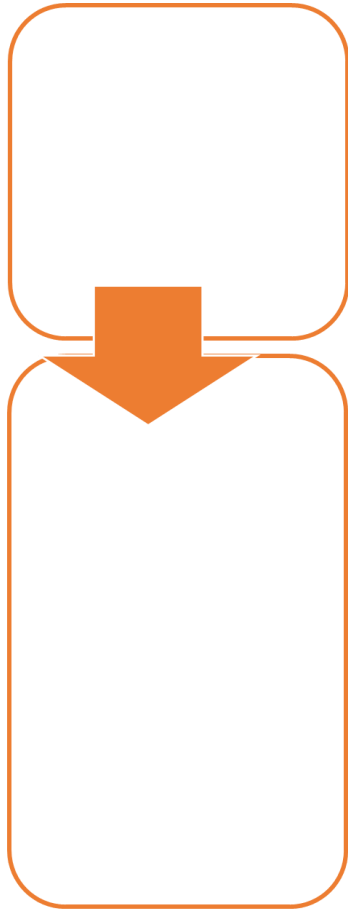


きっかけ

やりかた



けっか



かんそう

わかったこと

